Approximate Sizes For Average Child

Size	Thigh Circumference	Spread	Age
Extra Small	5" - 6"	6"	Newborn to 1 month
Small	7" - 8"	7"	1 - 4 months
Medium	8" - 10"	9"	4 - 12 months
Large	10" - 12"	11"	1 - 3 years
Extra Large	12" - 15"	16"	Over 3 years